WHEN TO TELL CHILDREN ABOUT A NEW BABY

Grow
Early Education

1 It can be good to introduce the idea of a new baby early in the pregnancy, at least 3-4 months before baby is born.

2 Young children don't really understand time, when explaining to them a new baby is coming, try relating to a familiar event. For example, you could say the new baby is arriving after a special persons birthday.

3 If you can make this a positive and exciting time, your child is more likely to feel that the change is about everyone in the family, not just the new baby.

4 Read stories about babies, look at pictures and talk with your child about your growing family.

5 Have your child help with the practical business of getting ready. For example, let them help you buy baby items or Nursery decorations.

6 Encourage your child to socialise and play with other children and spend time with another new born if possible. This helps the child develop social skills and will assist them in creating a good relationship with their new sibling.

Source: *raisingchildren.net.au*