Grow
Early Education

Hitting Key Milestones

Baby Development 12-15 Months

What you can do to help your baby's development

- Encourage different kinds of indoor and outdoor play.
- Talk, listen and respond to your child.
- Read and sing with your child.
- Give your child the chance to learn everyday skills like using spoons and cups.
- Make your home safe for a child on the move.
- Make sure your child has their routine health checks.

When to seek professional help at 12-15 months

Your baby:

- isn't making eye contact with you
- doesn't respond to their name or sounds
- isn't babbling or using single words
- isn't showing emotions
- can't stand even when holding onto you or furniture

Baby Development 18 Months

What you can do to help your baby's development

- Give your child the chance to play with other children.
- Talk, listen and respond to your child.
- Read and sing with your child.
- Encourage everyday skills like using spoons and taking off hats.
- Stay nearby while your child plays and explores.
- Make sure your child has their routine health checks.

When to seek professional help at 18 months

Your baby:

- doesn't use single words or gestures like pointing or waving
- can't follow simple instructions
- doesn't enjoy eye contact or cuddles or isn't showing their emotions
- isn't walking on their own
- uses one hand much more than the other

Baby Development 2 Years

What you can do to help your baby's development

- Give your child the chance to play with other children.
- Talk, listen and respond to your child.
- Play with your child – read, sing and play make-believe.
- Involve your child in cooking, tidying up and other daily tasks.
- Encourage everyday skills like using spoons and putting on shoes.
- Make sure your child has their routine health checks.

When to seek professional help at 2 years

Your baby:

- finds it hard to handle small objects like pencils
- isn't putting 2 or more words together
- can't follow simple instructions
- can't walk up and down stairs, or can't run
- isn't showing emotions or isn't coming to you for affection or comfort

Source: raisingchildren.net.au