Grow
Early Education

# Baby Carrier Techniques

CORRECT

## Baby Carrying Techniques

**Close**
*Their head should be close enough for you to kiss*

**Chin up**
*Your baby's chin should be up off their chest*

**Supported**
*Your baby's back should be supported*

**Tight**
*They should be secure in the carrier*

**In View**
*Your should always be able to see their face*

CORRECT

## Baby Swaddling Techniques

**Head**
*Turn your baby's head to the other side regularly*

**Position**
*Legs should be splayed outwards in the 'M' or 'froggie' position*

**Space**
*Allow space for baby to move legs upwards and side to side*